

Schedule starting September 1, 2007 (Subject to change)

Lessons and Open Fencing in Bridgewater

Monday thru Friday: 3:30 to 10 pm; Saturday: 9 am to 4 pm

One hour Group Lessons:

Monday *Intermediate* 6 to 7pm
Wednesday 7–11 years old 5 to 6pm
Thursday *Intermediate* 5 to 6 pm
Friday *Beginners* 6 to 7pm
Saturday *Adults* 2 to 3:30 pm

1.5 hour Elite Group Lesson

Wednesday 6 to 7:30 pm

Two hour Advanced Group Lessons

Epee Saturday 10 am to 12 pm
Foil Saturday 10 am to 12 pm
Sabre Saturday 1 to 3pm

Advanced Footwork Class

Monday 7 to 8pm
Thursday 7 to 8pm

Super Weapon Nights:

Super Foil Nights Tuesday, Wednesday and Friday
Super Epee Nights Monday, Tuesday and Thursday
Super Sabre Nights Monday, Wednesday and Friday
Super Youth Bouting Nights Tuesday-Friday (All weapons) 4 to 6 pm

THE OTHER LOCATIONS:

Springfield YMCA

100 South Springfield Avenue, Springfield, NJ 07081

Group Lesson:

Monday TBD
Sunday ages 12 – 17 10:30 - 11:30am
Please register with YMCA for the classes (973) 467 0838)

The Connection for Women and Families

79 Maple Street, Summit, NJ 07901

Group Lessons:

Friday Adults 12 – 1 pm
Sunday ages 12-17 11 – 12 pm
Sunday ages 12-17 12 – 1 pm
Sunday ages 8-11 1 – 2 pm

Please register with The Connections for the classes (908) 273 4242 or online: www.theconnectiononline.org

Roxbury Township Recreation Center at Horseshoe Lake (Main Gym)

72 Eyland Avenue, Succasunna, NJ 07876

Group, private lessons and open fencing (all weapons)

Monday and Thursday 4 – 6 pm

JCC in Edison (begins on October 1st)

1775 Oak Tree Road, Edison, NJ 08820

Group Lessons:

Monday ages 12 - 17 6 – 7 pm
Monday Adults 7 – 8 pm

Please register with JCC for the classes at (732) 494-3232

For more info contact Medeo Office (732) 469-2244 or e-mail MedeoFencing@aol.com