



## 2023 - 24 Group Lessons and Open Fencing Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
4:00 - 5:00 Youth Epee Open Fencing		4:00 - 5:30 Youth Foil and Epee Open Fencing		4:00 - 6:30 Veterans Sabre Open Fencing		4:00 - 5:00 Youth Epee Open Fencing		4:00 - 5:00 Youth Epee Open Fencing		9:00 -10:30 Div 2 & 3 Epee Situational Fencing
5:00 - 6:00 Little Musketeers Class 7-9 y.o.	5:00 - 6:30 (Y12*) 14, Cadets Epee FW & Competitive Fencing	5:00 - 6:30 Y10/Y12 Epee Footwork & Competitive Fencing		5:00 - 6:30 Non-Compet. Youth/Teen Epee	5:00 - 6:30 Intermediate FOIL	5:00 - 6:00 Little Musketeers Class 7-9 y.o.	5:00 - 6:30 (*Y12) 14, Cadets Epee FW & Competitive Fencing	5:00 - 6:30 Y-10, Y-12 Epee Footwork & Competitive Fencing		10:30 - 11:30 Div 1, 2 & 3 FOOTWORK
6:40 - 7:40 Y-14/Cadet/JR All Weapon FW		6:40 - 8:40 Y-14/Cadet/JR Epee FW & Competitive Fencing	5:30 - 7:00 Beginners FOIL	6:40 - 8:40 Division 1 Epee Situat. Fencing	7:30 - 9:00 Advanced FOIL	6:40 - 7:40 Y-14/Cadet/JR All Weapon FW		6:40 - 8:40 Y-14/Cadet/JR FW & Competitive Fencing	6:00 - 8:00 Advanced FOIL	11:30 -12:30 Division 1 Situational Fencing
7:30 - 10:00 FOIL 7:30 - 10:00 Epee Open Fencing (Members fence free)		7:00 - 10:00 FOIL 8:00 - 10:00 Epee Open Fencing (Members fence free)		8:00 - 10:00 Epee 9:00 - 10:00 FOIL Open Fencing (Members fence free)		7:30 - 10:00 Epee Open Fencing (Members fence free)		8:00 - 10:00 FOIL 8:00 - 10:00 Epee Open Fencing (Members fence free)		12:30 - 2:00 PM HS Epee Class
7:30 - 10:00 FOIL 7:30 - 10:00 Epee Open Fencing (Members fence free)		7:00 - 10:00 FOIL 8:00 - 10:00 Epee Open Fencing (Members fence free)		8:00 - 10:00 Epee 9:00 - 10:00 FOIL Open Fencing (Members fence free)		7:30 - 10:00 Epee Open Fencing (Members fence free)		8:00 - 10:00 FOIL 8:00 - 10:00 Epee Open Fencing (Members fence free)		12:30 - 3:30 PM Epee Open Fencing (Members fence free)
<b>OPEN FENCING NIGHTS REGULATIONS:</b> 1. Open fencing is free for our members. 2. All fencers must be members of the USFA. 3. Fencers have strip priority during open fencing. 4. Proper attire (according to USA Fencing rules) is mandatory! This includes fencing pants (knickers) and knee socks!										

\*All Y12 fencers must have personal coach's approval in order to attend Y-14, Cadets Epee groups on Mondays and Thursdays

Your official age group, for class purposes, is the lowest age group you are eligible to fence. For competitive purposes that age group is your main focus.

BEGINNER-INTERMEDIATE CLASSES:			
Epee	Wednesday 5:00 - 6:30	FOIL	Tuesday 5:30 - 7:00
	Saturday 12:30 - 2:00		Beginner-Int

<b>2023-24 Age Groups:</b> Y10= Born 2013–2016 Y12= Born 2011–2014 Y14 = Born 2009–2012 Cadet (through JO's)= Born 2007–2010 Junior (through JO's) = Born 2004–2010 Junior (after JO's) = Born 2005 - 2010 Vet Combined = Born 1984 or earlier	<b>Competition Categories by Division:</b> Div 1: Fencers born 2010 or earlier that are rated A, B or C Div 2: Fencers born 2010 or earlier that are rated C, D, E or U (Unrated) Div 3: Fencers born 2010 or earlier that are rated D, E or U (Unrated) For all exceptions to age and division eligibility criteria please consult the Athlete's Handbook at <a href="http://USAFencing.org">USAFencing.org</a>
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