



2025 - 26 Group Lessons and Open Fencing Schedule, effective April 1st

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 - 7:40 Sabre/Foil & Youth Epee Open Fencing*	5:00 - 6:40 Competitive Youth EPEE FW & Situational Fencing	4:00 - 7:30 Open Fencing*	4:00 - 5:00 Youth EPEE Open Fencing (Members only)	4:20 - 5:00 Coordination, Speed and Agility	9:00 - 10:40 Y10/Y12/Y14 Competitive Youth EPEE
4:20 - 5:00 Coordination, Speed and Agility		5:00 - 6:40 Youth/Teen Beg/Int EPEE	5:00 - 6:20 Little Musketeers Class 7-9 y.o.	5:00 - 6:40 Competitive Youth EPEE FW & Situational Fencing	10:40 - 12:20 Intermediate/Advanced Sabre
5:00 - 6:20 Little Musketeers Class 7-9 y.o.	5:00 - 6:40 Competitive Youth EPEE FW & Situational Fencing	5:00 - 6:40 Competitive Youth EPEE FW & Competitive Fencing	5:00 - 6:40 Competitive Youth EPEE FW & Situational Fencing	6:00 - 7:00 SABRE Footwork	10:40 - 11:40 All Weapon Footwork
Strength Training w. George 6:20-7:20	6:40 - 7:40 All-Weapon Advanced Footwork	5:00 - 6:40 Intermediate FOIL		6:00 - 7:00 SABRE Footwork	10:40 - 11:40 All Weapon Footwork
6:40 - 7:40 Y14/Cadet/Junior All-Weapon Advanced Footwork	7:40 - 9:00 Y-14/Cadet/JR EPEE Competitive Fencing	6:40 - 7:40 All Weapon Advanced Footwork	6:40 - 7:40 Y14/Cadet/JR All Weapon Footwork	6:40 - 7:40 All-Weapon Adv Footwork	11:40 - 1:20 Div 1 EPEE Situational Fencing
7:30 - 10:00 EPEE Open Fencing*	5:30 - 7:10 Beginner FOIL	7:40 - 9:00 Div 1(A,B,C) Div 3 EPEE Situational Fencing	7:30 - 9:10 Advanced FOIL	7:40 - 9:00 Int/Adv Teen EPEE Situational Fencing	6:00 - 8:00 Int/Adv FOIL
*Non-members must be HS age or over	7:00 - 8:40 Int/Adv Sabre		*Non-members must be HS age or over	8:00 - 10:00 EPEE, FOIL & SABRE Post-Class Open Boutings	Open Boutings All Day 10AM - 4PM when respective classes aren't in session *Non-members must be HS age or over
<b>*OPEN FENCING NIGHTS REGULATIONS:</b> 1. Open fencing is FREE only for our primary Medeo members. 2. We welcome guest fencers, non-members coming for open boutings at certain days/hours listed above. Fees apply. Must be HS age or over. 3. All fencers must be members of USA Fencing. 4. Proper attire (according to USA Fencing rules) is mandatory! This includes fencing pants (knickers) and knee socks! 5. All non-members MUST check in at the desk and pay BEFORE open fencing.					

Your official age group, for class purposes, is the lowest age group you are eligible to fence. For competitive purposes that age group is your main focus.

BEGINNER-INTERMEDIATE CLASSES (Beginner Classes begin Labor Day Week- late starters are subject to private instruction before starting grps)					
EPEE:	Wednesday 5:00 - 6:40 Beginner-Int		FOIL:	Tuesday 5:30 - 7:10	SABRE:
	Saturday 9:10-40 AM Beginner-Int				Saturday 1:00 - 2:40
<b>2025-26 Age Groups*:</b> Y10 = Born 2015-2018 Y12 = Born 2013-2016 Y14 = Born 2011-2014 Y8 = 2017-2019 Cadet (through JO's) = Born 2009-2012 Junior (through JO's) = Born 2006-2012 *After JO's: Jr = Born 2007-2012; Cdt 2010-2013 Vet Combined = Born 1986 or earlier			<b>Competition Categories by Division:</b> Div 1: Fencers born 2012 or earlier that are rated A, B or C Div 2: Fencers born 2012 or earlier that are rated C, D, E or U (Unrated) Div 3: Fencers born 2012 or earlier that are rated D, E or U (Unrated) *For all exceptions to age and division eligibility criteria please consult the Athlete's Handbook at <a href="http://USAFencing.org">USAFencing.org</a>		