

## 2023 - 24 Group Lessons and Open Fencing Schedule

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
4:00 - 5:00		4:00 - 5:30		4:00 - 6:30 Veterans		4:00 - 5:00		4:00 - 5:00		9:00 -10:30 Div 2 & 3 EPEE
Youth EPEE Open Fencing		Youth Foil and Epee Open Fencing		Sabre Open Fencing		Youth EPEE Open Fencing		Youth EPEE Open Fencing		Situational Fencing
5:00 - 6:00 5:00 - 6:30		5:00 - 6:30		5:00 - 6:30	5:00 - 6:30	5:00 - 6:00	5:00 - 6:30	5:00 - 6:30		10:30 - 11:30
Little Musketeers Class	(Y12*) 14, Cadets EPEE	Y10/Y12 EPEE		3eginners-Intrmediate	Intermediate	Little Musketeers Class	(*Y12) 14, Cadets EPEE	Y-10,Y-12 EPEE		Div 1, 2 & 3 FOOTWORK
7-9 y.o.	FW & Competitive Fencing	Footwork & Competitive	e Fencing	Youth/Teen/HS EPEE	FOIL	7-9 y.o.	FW & Competitive Fencing	Footwork & Competitive	e Fencing	11:30 -12:30
6:4	40 - 7:40	6:40 - 8:40	5:30 - 7:00	6:40 - 8:40	7:30 - 9:00	6:	40 - 7:40	6:40 - 8:40	6:00 - 8:00	Division 1 Situational Fencing
Y-14/Cadet/JR		Y-14/Cadet/JR EPEE	Beginners	Division 1 EPEE	Advanced	Y-14	4/Cadet/JR	Y-14/Cadet/JR EPEE	Advanced	12:30 - 2:00 PM
All W	Veapon FW	FW & Competitive Fencing	FOIL	Situat. Fencing	FOIL	All V	Veapon FW	FW & Competitive Fencing	FOIL	HS Epee Class
7:30 - 10:00 FOIL		7:00 - 10:00 FOIL		8:00 - 10:00 EPEE		7:30 - 10:00 EPEE		8:00 - 10:00 FOIL		12:30 - 3:30 PM EPEE
7:30 - 10:00 EPEE		8:00 - 10:00 EPEE		9:00 - 10:00 FOIL				8:00 - 10:00 EPEE		
*Open Fencing		*Open Fencing		*Open Fencing		*Open Fencing		*Open Fencing		*Open Fencing
Non-members must be HS age or over		Non-members must be HS age or over		Non-members must be HS age or over		Non-members must be HS age or over		Non-members must be HS age or over		Non-members must be HS age or over
*OPEN FENCING NIGHTS REGULATIONS:										

<sup>1.</sup> Open fencing is free for our members. 2. We welcome guest fencers, non-members coming for open bouting must be HS age or over. 3. All fencers must be members of the USFA.

4. Proper attire (according to USA Fencing rules) is mandatory! This includes fencing pants (knickers) and knee socks!

\*\*All Y12 fencers must be primary MEDEO members and have personal coach's approval in order to attend Y-14, Cadets EPEE groups on Mondays and Thursdays Your official age group, for class purposes, is the lowest age group you are eligible to fence. For competitive purposes that age group is your main focus.

	BEGINNER-INTERMEDIATE CLASSES:					
EPEE	Wednesday 5:00 - 6:30 Beginner-Int	FOIL	Tuesday	5:30 - 7:00		
CPEC	Saturday 12:30 - 2:00 Beginner-Int	FUIL				

	2023-24 Age Groups:	Competition Categories by Division:		
Y10= Born 2013-2016	Cadet (through JO's)= Born 2007–2010	Div I: Fencers born 2010 or earlier that are rated A, B or C		
Y12= Born 2011-2014	Junior (through JO's) = Born 2004–2010	Div 2: Fencers born 2010 or earlier that are rated C, D, E or U (Unrated)		
Y14 = Born 2009–2012	Junior (after JO's) = Born 2005 - 2010	Div 3: Fencers born 2010 or earlier that are rated D, E or U (Unrated)		
	Vet Combined = Born 1984 or earlier	For all exceptions to age and division eligibility criteria please consult the Athlete's Handbook at USAFencing.org		